

UC Recreation and Wellness

MINUTES

MAY 20, 2014

11:15 – 12:15 PM

RECREATION AND WELLNESS

MEETING CALLED BY	MEETING OPENED AT: 11:15 pm
TYPE OF MEETING	Committee Meeting
FACILITATOR	Kris Kraft
NOTE TAKER	Mary Cooke
ATTENDEES	<p>Stacey Adams, Mary Cooke, Kris Kraft, John MacDonald, Kent Marsden, Alma Olsen, Joe Salem.</p> <p>Excused: Candace Campbell Jackson, Becky Gibson-Lee, Roberta DePompei, and all student representatives</p>

Agenda topics

UPDATE FROM APRIL MEETING

KRIS KRAFT

DISCUSSION	Kris gave an update from our April meeting. We met with the Chair (Emily Filmore) and Secretary (Margaret Canzonetta) of the Talent Development & HR subcommittee, since our committees' goals significantly overlap. Their committee is completely on board with our campus wellness coordination efforts. They will continue to work with us on wellness goals, with their particular focus on UA employees.		
CONCLUSIONS			
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	

UNIVERSITY COUNCIL UPDATE

KRIS KRAFT

DISCUSSION	The formal presentation of our committee goals that Kris gave at UC was generally well received. Different points were offered by members of UC that will be addressed by our committee. The PowerPoint presentation is available on SharePoint.		
CONCLUSIONS	We will continue to move forward with our goals, particularly the need for higher administration support and membership in the BHAC.		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE	
Kris will email again requesting membership in the BHAC, since this is essential for resources offered by other universities who have implemented wellness programs on their campuses.	Kris Kraft		

CONTINUED WELLNESS INITIATIVES UPDATE

KRIS KRAFT

DISCUSSION	<p>Alma said an employee clinic may begin on campus, being coordinated by Annette Mitzel. Billing is an issue that is being worked out. Kris will contact Annette for details.</p> <p>The basement of the Polsky building may become a wellness center.</p> <p>The wellness webpage is very good, with many valuable resources. John will send the link and timeline goals for broader review, keeping its posting on track with our goals.</p>		
CONCLUSIONS			
ACTION ITEMS		PERSON RESPONSIBLE	DEADLINE
<p>Kris will contact Annette Mitzel to learn about the possible employee clinic on campus.</p> <p>John will send out the webpage link for broader review.</p>		Kris Kraft, John MacDonald	6/10/2014

OFFICER POSITIONS / SUMMER MEETING SCHEDULE

KRIS KRAFT

DISCUSSION	<p>Kris nominated Mary Cooke to become secretary of the committee. Since there were no other nominations, Alma moved that Mary be made secretary; Kent seconded, vote was unanimous.</p> <p>The dates for our June meetings were set: the smaller wellness subcommittee will meet on June 3, 11:15 – 12:15, and our full committee will meet on Tuesday, June 10, 11:15 am – 12:15 pm. These meetings will be held in the conference room of the SRWC.</p> <p>Also, Mary will send out the mission statement and goals to all members, and source documents for our wellness goals to all new committee members.</p>		
CONCLUSIONS			
ACTION ITEMS		PERSON RESPONSIBLE	DEADLINE
Mary will send out mission statement and documents to committee members.		Mary Cooke	5/31/14

MEMBERSHIP

KRIS KRAFT

DISCUSSION	<p>With the retirement of Roberta DePompei, we are in need of a Dean representative. Because of the nature of our committee goals and the importance of communication with that college, we will wait until her college has named a new Dean, and then we will ask that Dean to be on our committee.</p>		
CONCLUSIONS			
ACTION ITEMS		PERSON RESPONSIBLE	DEADLINE

MEETING ADJOURNED AT: 12:10 pm